

FINE MOTOR

2-3
YEARS OLD

- Builds a 6-10 block tower (1" cubes)
- Utilizes a digital pronate grasp pattern on writing instruments
- Starts demonstrating hand dominance

KIDS IN MOTION
IN-HOME OCCUPATIONAL THERAPY

VISUAL MOTOR/ PERCEPTUAL

2-3
YEARS OLD

- Complete complex rotation tasks (i.e., removing a twist lid)
- Strings large beads onto a string
- Imitates 2-4 block patterns
- Copies horizontal lines, vertical lines and curves following demonstration
- Snips with safety scissors and beginning to make consecutive cuts
- Completes simple (3-5 piece) form board puzzles

KIDS IN MOTION
IN-HOME OCCUPATIONAL THERAPY

SELF-CARE

2-3
YEARS OLD

- Dresses and undresses with minimal help (aside from fasteners)
- Completes daytime toileting with assistance
- Unbuttons large buttons
- Independent feeding of simple meals with a fork and spoon
- Begins participation in tooth brushing

KIDS IN MOTION
IN-HOME OCCUPATIONAL THERAPY

SENSORY/ BODY AWARENESS

2-3
YEARS OLD

- Increased understanding of basic safety
- Engages in parallel play with peers
- Tolerates a variety of food textures and tastes
- Expresses basic emotions including happy, sad, upset and excited
- Begins participation in imaginative play

KIDS IN MOTION
IN-HOME OCCUPATIONAL THERAPY