

## FINE MOTOR

1-2  
YEARS OLD

- Stacks 2-6 blocks (1" size)
- Completes simple rotation tasks (less than 90 degrees)
- Utilization of a neat pincer grasp
- Utilizes a fist/palmar supinate grasp to make marks on paper

**KIDS IN MOTION**  
IN-HOME OCCUPATIONAL THERAPY

## VISUAL MOTOR/ PERCEPTUAL

1-2  
YEARS OLD

- Beginning to imitate vertical and horizontal strokes following demonstration
- Placing 1-3 pieces independently into a form board puzzle or shape sorter
- Can place objects in a container with prompting as well as pour out objects
- Turns thick book pages

**KIDS IN MOTION**  
IN-HOME OCCUPATIONAL THERAPY

## SELF-CARE

1-2  
YEARS OLD

- Beginning to scoop food with a spoon and bring to mouth
- Drinks from a cup
- Beginning to assist with teeth brushing
- Assists with dressing tasks by extending arms and legs through openings
- Removes socks and shoes without assistance

**KIDS IN MOTION**  
IN-HOME OCCUPATIONAL THERAPY

## SENSORY/ BODY AWARENESS

1-2  
YEARS OLD

- Beginning to attend to tasks for 1-4 minutes
- Looks for an object that is out of sight or hidden
- Expresses distress/bothered by a dirty diaper
- Understands basic safety such as food vs. non-food items
- Begins to follow simple 1 step commands such as "hand me your toy"
- Plays alone and progressing to show interest in joint play tasks

**KIDS IN MOTION**  
IN-HOME OCCUPATIONAL THERAPY